

Children's' Formula



The Flintstones are cute, but they are not administered by your physician!

Carlson for Kids products have been carefully formulated with a child's optimal health and nutritional needs in mind. Carlson for Kids vitamins are

tasty, chewable, natural-source vitamins and minerals that the whole family will love taking. Carlson for Kids vitamins are sweetened with fructose and sorbitol, which are naturally occurring sweeteners in fruit. Carlson for Kids fish oil products enable parents to easily provide the important health and neurological benefits that omega-3 oils provide. Give your children vitamins and minerals that are:

- Chewable
- Sucrose-Free
- Natural Flavor
- Natural Color
- 13 Natural Vitamins
- 12 Minerals

And, promote normal growth and development.



Robert S. Tomchik,
M.D.

18475 Miramar Parkway
Located in Sunset Lakes

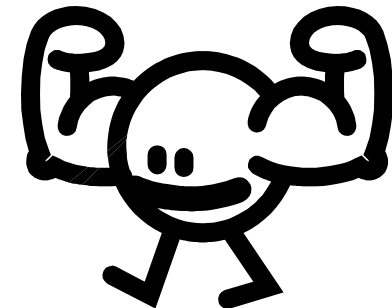
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SE HABLA ESPANOL
NOU PALE CREOLE

18475 Miramar Parkway
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Physician
Administered
**Vitamins and
Supplements**

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Why Do I Need Vitamins From My Doctor?

Since vitamins can be purchased at any grocery store, pharmacy, or gas station why should you purchase them from Health Circle? The fact of the matter is a physician can work closely with you or your child, monitoring their health. We help give you the right vitamins for your specific needs and work with your unique body in helping develop a regiment to keep your health in peak condition.

And, often vitamins alone are not enough. We at Health Circle will keep track of your health and advise you on diets and exercise that are not only effective for you personally, but also enjoyable (because maintaining your health only works if you are consistent in taking the proper vitamins, exercising, and eating the right foods).



If you are interested in our physician administered vitamins please consult with Robert Tomchik, M.D. or Penelope Cuoco, A.R.N.P.



What Do We Offer?

Super Omega-3 Fish Oils

Omega-3 fatty acids are important and essential nutrients for our health. They are composed of long chain carbons, which are polyunsaturated; they have many double bonds. The term omega-3 or n-3 refers to the location of the first double bond on the third carbon. Docosahexaenoic Acid (DHA), Eicosapentaenoic Acid (EPA) and Alpha Linolenic Acid (ALA) and are recognized as important and/or essential omega-3's in human nutrition and physiology.



Because of their unique structure, omega-3's have important and unique functions in our bodies. DHA and EPA have a longer structure and contain more double bonds than ALA. Both DHA and EPA are involved in healthy cardiovascular systems, immune processes, and help support the formulation of healthy prostaglandins. DHA is a vital component of the retina, brain and neurons. Fish oils supply omega-3 fatty acids and are especially in DHA and EPA. Some vegetable oils contain ALA, but do not contain DHA or EPA.

Vitamin D



Vitamin D helps regulate and control the metabolism of Calcium and Phosphorus by aiding in the absorption of these two minerals from the small intestine, and by directly affecting the rate at which these minerals form and maintain bone.

Super-75



A super-strength dietary supplement containing vitamins and minerals derived from natural sources. SUPER-75 does not contain copper or phosphorus, since these nutrients are over abundant in many diets.



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